Table S1. Repeatability and intermediate precision of the MAE method.

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| Compounds | Precisions (CV, %) | |
| Intra-day (n=9) | Inter-day (n=3x3) |
| Inositol | 10.08 | 7.03 |
| Glycerol | 0.66 | 0.94 |
| Sorbitol | 2.36 | 1.44 |
| Glucose | 1.78 | 1.44 |
| Maltose | 8.23 | 4.80 |