

**Table S2-5. Poria**

NO	Medicinal materials	ESI	Compound name	Molecular formula	Molecular weight	m/z	Retention time (min)
1	Poria	+	16 $\alpha$ -hydroxy-pinoleic acid	C <sub>30</sub> H <sub>46</sub> O <sub>4</sub>	470.33947	471.34677	25.317